



Sherwood Middle School

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Dr. Jane O. Lizotte, Principal
Heather G. Gablaski, Assistant Principal
Karen R. Gutekanst, Assistant Principal

It's Complicated 2015-2016 Group Permission Form Due Friday, November 6th

I am aware that my child _____ will be attending a counseling group called "Its Complicated..." at Sherwood Middle School with Mrs. O'Connell and Mrs. Connole.

Group Description:

This group is designed for fifth and sixth grade students of families touched by divorce, separation, or remarriage during the holiday season. The goal of the group is to provide a sense of common experience for students with similar family makeup, build coping skills, and opportunities to reflect on how the holidays impact kids of blended families.

Please initial to note your agreement to the following:

_____ This confidential group will meet for 6 sessions. I understand that my child will be missing class time and will be responsible for checking in with the teachers to see what they have missed.

November 13	9:40- 10:20 am
November 23	9:40- 10:20 am
December 4	9:40- 10:20 am
December 14	9:40- 10:20 am
January 8	9:40- 10:20 am
January 19	9:40- 10:20 am
February 4 (make up date)	9:40- 10:20 am

Parent Signature: _____

Phone: _____

A reminder email will be sent to parents and students before each group meeting please provide:

Parent E-mail: _____

Student E-mail: _____